



## Okanagan Food & Wine Writers Workshop Schedule (updated Sept 9, 2009)

Contact information: Jennifer Cockrall-King, workshop coordinator,  
cell (780) 242-3663 or email: [jennifer@foodgirl.ca](mailto:jennifer@foodgirl.ca)

Please note that I do not have email on my cell phone,  
so for emergencies, please call or text my cell.



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**Thursday, September 17, 2009**

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4 p.m. – 5 p.m.

Arrival and check-in at The Ramada Pentiction

1050 Eckhardt Avenue West  
Pentiction, BC V2A 2C3



Hotel phone number:  
(250) 492-8926

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5:30 p.m. – 6:30 p.m.

Wine Tasting Primer Seminar with Rhys Pender of WinePlus+  
Sponsored by British Columbia Wine Institute

Ramada Pentiction  
(Room TBA)



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6:30 p.m.

Bus transfer from Pentiction Ramada to Township 7 Vineyards and Winery

Top Cat Tours

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6:45 p.m. to 10 p.m.

Barrel Room Dinner and a Movie  
Winery tour and tasting with Township 7 winemaker (and blogger Bradley Cooper)  
Okanagan Cuisine du Terrior by Joy Road and screening of Tableland, an Okanagan-based food documentary by Craig Noble that won the Best Food Feature 2008 NYC Food Film Festival.

Township 7 Winery



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10:30 p.m.

Return to Hotel

Top Cat Tours

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Friday, September 18, 2009 **(NARAMATA BENCH FRIDAY!!)**

Sponsored by the Naramata Bench Winery Association, [www.naramatabench.com](http://www.naramatabench.com)



7:30 a.m. to 8:45 a.m.	<b>Buffet Breakfast</b> at your leisure Sponsored by the <u>Wineries of the Naramata Bench</u>	Ramada Penticton
8:45 a.m.	3 block walk to Penticton's Wine Country Visitor Centre	Boardroom <u>Wine Country Visitor Centre</u> 553 Railway Street, Penticton
9 a.m. <b>Session #1</b> <b>Julie Van Rosendaal</b>	<b>Method &amp; Madness of the Multi-tasking Food Writer:</b> From blogging to recipe writing, tv appearances and cookbooks. They're all important elements to building your foodwriting career.	<u>Wine Country Visitor Centre</u>
10:15 a.m.	Coffee / Tea / Snack Break	
10:30 a.m. <b>Session #2</b> <b>Michele Sponagle</b>	<b>A Matter of Taste:</b> An interactive sensory and tasting experience where we explore the "how" and "why" of tasting and how we can use this to enhance our writing.	<u>Wine Country Visitor Centre</u>
11:45 a.m.	Bus transfer from Penticton Wine Country Visitor Centre to the <u>Naramata Bench</u>	Top Cat Tours
12:00 p.m.	<b>Interactive Wine Blending Session with Laughing Stock's David Enns</b>	<u>Laughing Stock Vineyards</u> 1548 Naramata Road
 LAUGHING STOCK VINEYARDS		
1 p.m.	Depart for Lake Breeze Winery	Top Cat Tours

1:15 p.m.	Vineyard Walk and Talk with Lake Breeze's Gary Reynolds	<u>Lake Breeze Vineyards</u> 930 Sammet Road
1:45 p.m.	Three-course al fresco winery lunch	The Patio at Lake Breeze

LAKE BREEZE  
*a Naramata Bench Wine Farm*

2:45 p.m.	Depart for Elephant Island Orchard Wines	Top Cat Tours
3 p.m.	<b>From Orchard to Bottle:</b> making food-friendly fruit wines with Elephant Island's Miranda & Del Halladay	<u>Elephant Island Orchard Wines</u> 2730 Aikins Loop

*Elephant Island*  
ORCHARD WINES

4 p.m. – 5 p.m.	Transfer to Naramata Village / Free time / Naramata Village Walk	Top Cat Tours
5:15 p.m. <b>Session #3</b> <b>Taryn Boyd</b>	<b>Cookbook Publishing Myths and Reality:</b> Getting a cookbook published in Canada, and why some pitches and books have worked, and why some didn't.	<u>Naramata Heritage Inn &amp; Spa</u>
6:30 – 10 p.m.	<b>Naramata Heritage Inn Reception and Dinner with Wines of the Naramata Bench</b>	Naramata Heritage Inn and Spa



10 p.m.	Return to Hotel	Top Cat Tours
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**Saturday, September 19, 2009**

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7:30 a.m. to 8:45 a.m.	<b>Buffet Breakfast</b> at your leisure	Ramada Penticton
8:45 a.m.	Transfer to Penticton Farmers' Market 15 minute walk or bus transfer	100 Block, Main Street, Penticton

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9:15 a.m. – 10:15 a.m.	<b>Penticton Farmers' Market Tour</b> with <u>Mission Hill Family Estate Executive Winery</u> Chef Matthew Batey	Main Street, Penticton
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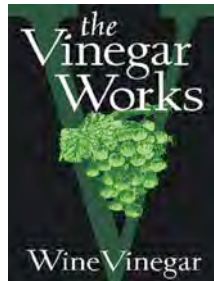


MISSION HILL  
*Family Estate*

10:15 a.m.	Transfer from Penticton Farmers' Market to <u>Valentine Farm</u>	Top Cat Tours
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10:45 a.m.	<b>Tours, Tasting and Vinegar Making</b> at the Vinegar Works / Valentine Farm	<u>Valentine Farm</u> , Summerland
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12:15 p.m. to 1:30 p.m.	<b>Foraged Field Lunch, including wines by Hollywood and Wine Estate Winery</b>	Valentine Farm, Summerland
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1:30 p.m.	Transfer Back to Hotel Summerland to Penticton	Top Cat Tours
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2 p.m. to 3:15 p.m. <b>Session #4</b> <b>Craille Maguire Gillies</b>	<b>From Passion to Print:</b> A writer's and an editor's view of crafting a compelling story from experience or expertise.	Board Room Penticton Wine Country Visitors Centre
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3:30 to 5:30 p.m.	Free Time	Walk back to hotel or explore downtown Penticton
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5:30 p.m.	Pick-up at Penticton Ramada and Transfer to Cellar Door Bistro, Summerland	Top Cat Tours
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6 p.m. to 10 p.m.	<b>Sparkling wine-sabering workshop and Sunset Dinner</b>	<u>Cellar Door Bistro</u> , Summerland <u>Sumac Ridge Estate Winery</u>
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10:30 p.m.	Transfer back to Hotel	Top Cat Tours
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**Sunday, September 20, 2009**

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7:30 a.m. to 9:00 a.m.

**Buffet Breakfast** at your leisure

Ramada Penticton

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Checkout and departure

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\* I will be driving Craille back to Kelowna this morning, departing at 8:45 a.m. (sharp!) if anyone needs a ride back to Kelowna, please let me know.

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[www.okanaganfoodandwinewritersworkshop.com](http://www.okanaganfoodandwinewritersworkshop.com)

[www.twitter.com/OKFWWorkshop](http://www.twitter.com/OKFWWorkshop)